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A REBAL MIRACLE STORY

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Ellen's educational and professional background is in linguistics, foreign/second language education, cross-cultural communication, organizational development, and instructional design and delivery. After many years in the classroom, she went full-time with her training and consulting business, providing services to clients throughout the U.S. and abroad. For the past thirty-five years she has also given workshops and credit courses on human potential, meditation, law of attraction, healing, and other personal and spiritual development topics.

My name is Ellen Jones-Walker. I have been an avid student and teacher of the Monroe Institute's consciousness development practices for ten years. I know quite well from personal experience the value of Monroe tools in bridging the physical and nonphysical worlds in practical ways in daily life.

My dear friend Clara Keller is a beautiful example of how knowledge of these consciousness tools can have life-altering results. Clara has been a bright light for all who know her, showing us how to stretch the limits of what we believe is possible. I want to share a story about her with you.

For Clara Keller that Friday began as any other day. By early afternoon, however, it was anything but normal. Clara's life was in the balance.

At 1:55 p.m. Clara and three classmates were working in the computer lab at the New River Community College's satellite campus, located in a Christiansburg, Virginia, shopping mall.

Suddenly the shooting started. Clara thought she had heard a gunshot but was unsure at first. Then she heard a woman screaming and more gunshots. Clara and her classmates quickly took cover under their desks.

More gunshots rang out as terrified shoppers rushed to the mall exits, and teachers and staff frantically tried to secure their doors. Two women were shot.

Then the gunman entered the computer lab. He stood there, saying "I can hear you. I know you're in here. Come out." No one moved or even breathed. After what seemed like an eternity he left.

Clara and her classmates continued to huddle under their desks. Then, without warning, the gunman entered the lab again, this time through the back door. Clara knew that she and her classmates were now in the shooter's direct line of sight. But miraculously, he stood there surveying the computer lab, cocked his gun, stood a while longer, and then walked out without firing a shot. Minutes later the police subdued the gunman.

This is the story most people know—accurate but not complete. The most powerful part is missing. Clara, an active and enthusiastic member of the Monroe Local Chapter of Floyd County, shared the rest of the story with us at a Local Chapter meeting.

Clara, a Monroe Excursion Workshop graduate, had not only learned the REBAL (Resonant Energy Balloon) technique but she had also continued to use it on a regular basis in daily life. While hiding under her desk in those horrific moments, Clara instinctively put up a protective balloon of high energy around herself. She was terrified that she might see her classmates shot, but she knew for certain that she was protected and would be safe. She then extended her own REBAL to surround her classmates, all others who were in harm's way, and the entire school.

From that point on, no one else was shot. Many people were miraculously skipped over. In one office two women were leaning up against the hall door to prevent the gunman from entering. The gunman shot through all of the doors in that hallway except for theirs.

Clara and her classmates were completely exposed the second time the gunman entered the computer lab but they were, Clara feels, completely invisible to him because of the high level of energy within the REBAL. What a beautiful and powerful consciousness tool!